

ALPINE LEAGUE'S STATE SKI CHAMPIONSHIPS

Event Guide



sponsored by



March 1-3, 2023 – Hoodoo Ski Area, Oregon

Hosted by OISRA's Three Rivers League & Emerald League

2023 State Alpine Championships

Welcome to the 2023 Alpine League's State Ski Championships! This year the Championships will be hosted by the combined efforts of both the Three Rivers Ski League and the Emerald League. We congratulate you for qualifying for these championships and anticipate that this will inspire, challenge, and ultimately reward you with many fond memories.



Thank you to all the volunteers, parents, sponsors, and coaches who contribute their time, money, and talent to high school alpine racing throughout the season(s). None of this would be possible without you! We hope that you leave this season-ending event with new friends and an unforgettable experience.

Use this Event Guide as your key to the event. It should answer most of your questions, whether you are a coach, race participant or race volunteer. If not, please do not hesitate to phone or email us before the event, or visit us at Race Head Quarters at the **Best Western Ponderosa Lodge** Tuesday night or Wednesday in the lodge at **Hoodoo**.

Your race host is offering a dedicated website at: www.alpinestaterace.org where you can quickly access important information.

Let's all work together to make this a great event!

Spencer Raymond

State Race Chair – Three Rivers Ski League
503-703-9639
swraymond@gmail.com

Scott Pohlschneider

Emerald League President – co-host
scottpohlschneider@gmail.com

Nora Semonsen

Registration Administration
(503) 807-3526
adminserves@oisra.org

2023 State Championship Race Committee (SCRC)

Spencer Raymond – Three Rivers League – State Chair
Jesse Scroggins – OISRA Vice President & Mt. Hood League Coach
Todd McNabb – OISRA Commissioner
Mike McManus – OISRA Appointed Member

GENERAL INFORMATION

Event Location – ~~Hoodoo Ski Area~~ – on Oregon’s Santiam Pass <https://skihoodoo.com>

Event Venues – Both race courses are accessible off **Ed’s Chair**. Slalom course is called “Slalom Course” and the Giant Slalom will be on “Red Valley”

Lift Passes – Athlete lift passes will be available to purchase at registration. This will be a 3 day discounted lift pass for a price of \$137, good Wednesday through Friday. Single day tickets can be purchased directly at Hoodoo ticket sales and will be \$49. (Note: Hoodoo is not accepting Elite Passes.)

Racer & Team Onsite Check-in –

This will be your only day to check-in.

- Wednesday in the lodge at **Hoodoo** from 8 am – 3 pm
- Wednesday at the **Best Western Ponderosa** in Sisters from 5 pm – 7 pm (Last chance to check-in)

Check-in for teams and individuals must be completed by Wednesday 7 pm.

Live Race Broadcast – All races will be broadcast on www.LiveTiming.com for real time race results.

Race Results - will be posted at the OISRA website following the conclusion of the races on Thursday and Friday evenings. Results will also be available at the official State Race Website.

Racer Social – There will be a Wednesday night racer social in downtown Sisters. See details below.

Awards Ceremony – Immediately following the race there will be an awards ceremony at the North Lodge, front patio. There will be a bonfire, sound system and a meal will be offered with pre-order during registration. Meals will be prepared by the restaurant service at Hoodoo for \$15 per person. Dinner offering: Spaghetti and meatballs or a vegetarian sauce option with salad and garlic bread and a drink.

Regular restaurant food service will be open for this time period as well.

Lodging and Transportation – Race participants must arrange their own lodging and transportation to the venues.

Special Offering – ~~Wild Mike’s Pizza~~ will have their trailer setup in the parking area close to the venue and offering pizza sales during these Championships! Look for their highly visible trailer!

Forerunners – A lift pass will be provided on race day at Volunteer check-in the morning of the race. If you wish to ski any other day you will need to purchase your lift pass at the resort ticket sales window. All forerunners should check-in with the Start Referee 60 minutes before the start of the race to receive your forerunner bib.

Best Western Ponderosa Lodge is the principle lodging partner for the event.



Address: 500 Highway 20 W
Sisters, OR 97759
Phone: 888-549-4321
www.bestwesternsisters.com – Reservations Link

Early reservations are strongly recommended.

Alternate Lodging available in Sisters



Address: 605 N Arrowleaf Trail
Sisters, Oregon 97759
Phone: (541) 549-7829
www.sistersinnandsuites.com



Address: 1026 West Rail Way
Sisters, OR 97759
Phone: (541) 904-0967
www.grandstayhospitality.com

COACHES INFORMATION

Team Online Registration (Head Coach or Parent Representative) – Teams will register online with the same OISRA website that they used to register for the regular season. Registration will open Friday, February 24th at 9 am. The final registration deadline is Sunday, February 26th at 9 pm. No Exceptions.

Coaches Lift Passes - Coaches will need to pre-register at the time of submitting your start orders for complimentary lift passes. These lift passes will be good for Wednesday, Thursday & Friday.

Coach complimentary lift passes are issued on a “per school” basis allocated according to the gender and size of the team. A school that only qualifies one racer is still entitled to assign a coach to follow that individual racer. That coach will be issued a comp pass. A school with one girl racer and one boy racer is entitled to assign a separate coach to follow each racer and each of these coaches will be issued a comp pass.

- Each school with 3 or more racers = 2 comp coach passes.
- Each school with a girl’s team, and a boy’s team of 3 or more racers of each gender = 4 comp coach passes.
- Each school with 1 or 2 girl racers = 1 comp coach pass
- Each school with 1 or 2 boy racers = 1 comp coach pass

Online Team Registration: Please find the link at the State Race website.

- Provide contact information for Head Coach’s and Parent Representative.
- Provide name and contact information for gate judge (one per race, per sex). Note: please make sure the name provided is aware that you have submitted their name and that; they have had prior gate judge experience!
- If you only have individuals (teams of one or two athletes) racing you do not need to supply a gate judge.
- Option to order clothing memorabilia (sweatshirts and hat)
- Option to order photo package
- Option to order Awards Dinner meal

All Registration Deadlines are Sunday, February 26th at 9 pm, NO EXCEPTIONS

For any questions regarding the electronic registration process, please send an email to: admins@oisra.org

Team Start Orders – Your submission worksheet will be available for download at the state race website and are due by Sunday, February 26th at 9 pm. No Exceptions.

Reminder you will also be required to submit your request for coaches lift passes on the start order worksheet. You will need your coaches’ name, email and cell phone. This will be your only chance to submit for Coaches Lift Passes!

Start Order Worksheet: Please find the link at the State Race website.

- Worksheets will also be emailed to each coach by the race administrator.

- If you need a Google Excel link instead of an excel workbook please contact Mike McManus.
- Upon completion, email the official State Start Order workbook form with your team or individual athlete's order of start and leagues qualifying position.
- Please return this via e-mail to: archerhit@frontier.com
- Deadline is Sunday, February 26th at 9 pm. No Exceptions.

Mandatory Coaches' Meetings – All Meetings will be held at the **Best Western Ponderosa Lodge** in Sisters – in the *Ponderosa Meeting Room*

- Wednesday; March 1st at 8:00 pm
- Thursday; March 2nd at 8:00 pm

Onsite Team Registration Check-in – All teams (and individual qualifiers) must check-in upon arrival. See schedule times above.

Check-in for teams and individuals must be completed by Wednesday 7 pm.

At this time you will:

- ✓ Submit your gate judge deposit. (Note: Gate Judge Deposits must be secured with a check only made payable to "OISRA.")
- ✓ Pick up racer lift passes
- ✓ Pick up coaches lift passes
- ✓ Pick up a copy of the start orders & race schedule (start orders and schedules are available for download at the state race website)

Note: The Gate Judges deposit is \$150 per race (SL or GS), per sex. This would be a total of \$600 for a school with both a boys and a girl's team. This check will be destroyed at the conclusion of the Championships Race if duty is fulfilled (unless specified otherwise.)

Note: Bibs will be distributed to the team (or individual racers) coach at the coaches meeting on Wednesday night. Racers will use the same bib number both days. If a racer is only racing one of the two days he/she will receive a bib assignment for that day.

On-Hill Training – Wednesday, March 1st is the registered training day. Training lane assignments are TBD. (Some teams have asked about possibly training the week prior to the Championships. Hoodoo has informed us they will be unable to provide a course for this purpose.)

Training Notes –

- Teams must provide their own gates.
- A coach or parent representative must be at the top of the course at all times.
- Courses must be pulled and slipped by the time indicated on the schedule.
- Helmets are mandatory for GS & SL training and racing (hard cover over ears and FIS certification required for GS).

Racer Social Chaperone – Each school must provide a chaperone to be onsite and available for the racer social.

ATHLETE INFORMATION

Racer Online Registration – Racers will register online with the same site that they used to register for the regular season. Registration will open Friday, February 24th at 9 am. The final registration deadline is Sunday, February 26th at 9 pm. No Exceptions.

Link for Racer Registration: Please see the State Race website.

Athlete registration fees for 2023 are \$35.

During the registration process you will also have the opportunity to order some optional items:

- Souvenir clothing (see below)
- Photographer package
- 3 Day Lift Pass (at discount)
- Awards night meal

Lift Passes - Athlete lift passes will be available to purchase at registration. This will be a 3 day discounted lift pass for a price of \$137, good Wednesday through Friday. Single day tickets can be purchased directly at Hoodoo ticket sales for \$49.

Schedule of Events – Please familiarize yourself with the Schedule of Events located in this Event Handbook.

Racer Notes – Please be courteous and respectful to other athletes, volunteers, coaches, the public, and ~~Hoodoo~~ Hoodoo employees. Show your appreciation for all their hard work.

Familiarize yourself with the Hoodoo terrain map prior to skiing. Remember that all athletes must adhere to the *Skier's Responsibility Code - Are You Aware.*

- Do not leave skis in non-designated areas outside of lodge. Hoodoo Ski Area and the event organizers are not responsible for theft or vandalism of your equipment.
- Lift tickets or passes are required for all lifts at all times (training and racing).
- Helmets meeting FIS Specifications (see Alpine Race Rules, Section 2, Paragraph A., 5., f.) are required for all training and racing.
- NO FAST SKIING IN SLOW AREAS! This will result in loss of lift privileges.
- Bags and equipment must be kept out of walkway and off tables.

Racers Bibs – Bibs will be distributed to the team (or individual racers) coach at the coaches meeting on Wednesday night. Racers will use the same bib number both days. If a racer is only racing one of the two days he/she will receive a bib assignment for that day.

Your racer bib is considered a part of your race gear. Please remember to bring your bib to the race each day.

After the race has concluded you are free to keep your bib as a souvenir of your season's accomplishment!

Wednesday Night Athletes Social – Each race team, and racers who qualified as individuals, are invited and are encouraged to attend a free Wednesday Night Social in downtown Sisters.

The event will begin at 5:30 pm and wrap up by 8 pm, and will be held in downtown Sisters at Fir Street Park (150 N. Fir Street). The park is centrally located and has an outdoor stage, fire pit and will have corn hole games set up.

Each racer will receive their swag, a pre-prepared burrito from *Longboard Louie's* out of Bend, and the opportunity to listen to music and informally hang out with their teams and all athletes.

Food and beverage are also be available for purchase across the street at *The Barn*, an inviting Food Truck area with *Chulitas Mexican* restaurant, *Boone Dog Pizza*, a vegan-vegetarian truck *Rootbound*, and *Pops BBQ*, see this link: www.thebarninsisters.com There are numerous restaurants nearby as well.

Organizers plan to close the street between *The Barn* and *Fir Street Park*. This is primarily an outdoor event, dress appropriately. *The Barn* has several fire pits to gather around. We anticipate having music for enjoyment and entertainment.

This opening event is certain to be a great time!

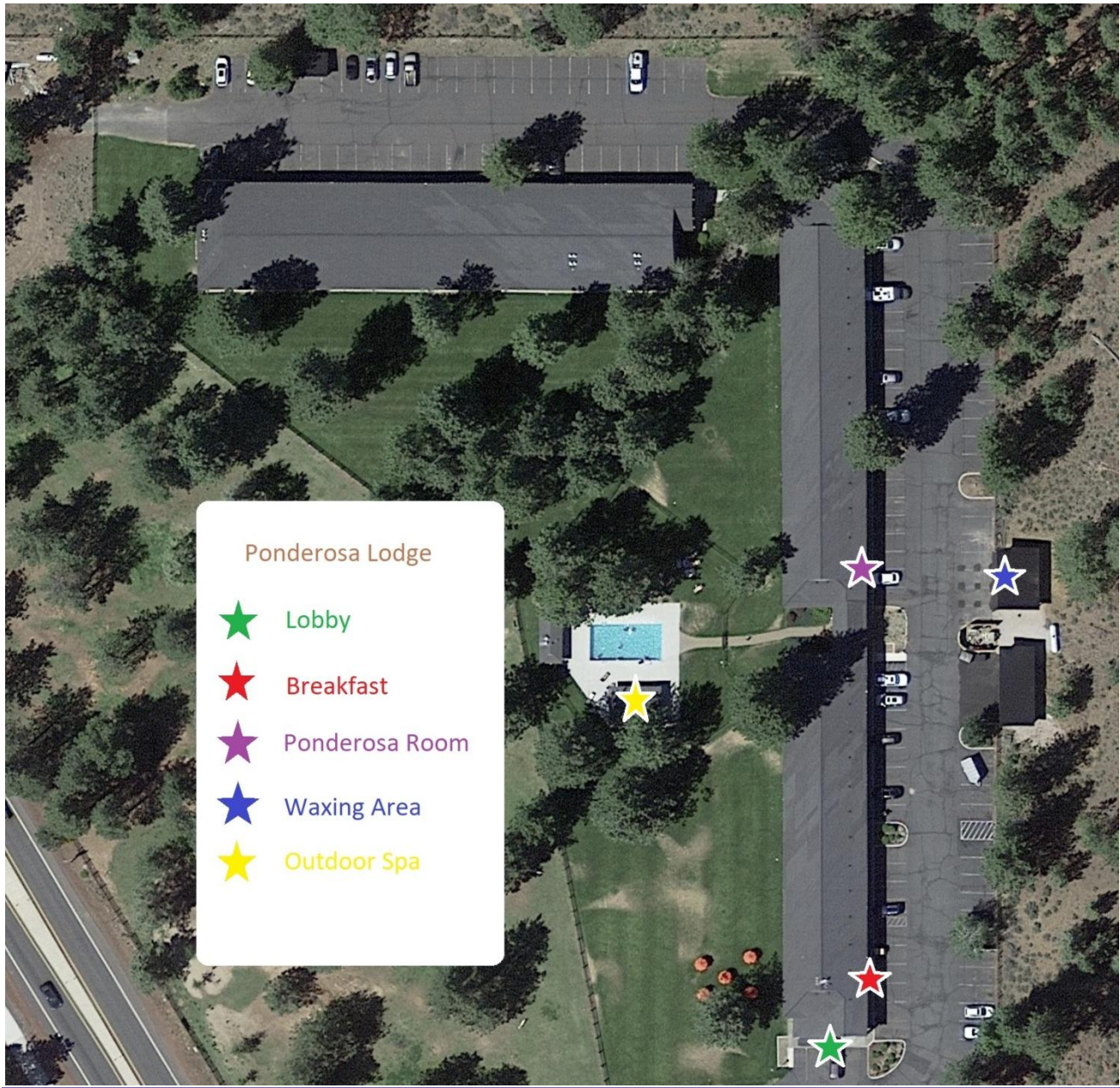
- You must be present to win any raffle prizes.
- Cornhole tournament
- Participating teams must provide an adult chaperone on the premises at all times. One chaperone per school.
- Zero drug and alcohol tolerance policy. Any infractions of OISRA rules regarding drugs or alcohol will result in disqualification. Do not put your team or yourself at risk.

Awards Ceremony – Remember, following the race there will be an awards ceremony to be held at the North Lodge Patio. Pre-order your meal during registration.

Ski Waxing – Will be available in waxing area upstairs in the south lodge, Wednesday and Thursday from 3 pm to 9 pm. Please bring your own table, electrical outlets available. In addition, power will be available to wax and tune skis in the Ponderosa Lodge parking lot. Bring your own table for this as well.

OVERVIEW OF BEST WESTERN PONDEROSA

DESIGNATED SKI WAXING AREA INDICATED BELOW



INFORMATION FOR OFFICIALS & VOLUNTEERS

All Meetings will be held at the **Best Western Ponderosa Lodge** – *Ponderosa Meeting Room* in Sisters.

Mandatory Race Officials' Meetings –

Wednesday; March 1st at 7:00 pm, at the **Best Western Ponderosa Lodge**

Thursday; March 2nd 7:00 pm, at the **Best Western Ponderosa Lodge**

Mandatory Gate Judge Meeting –

Wednesday; March 1st at 7:00 pm, at the **Sister's High School**

All Gate Judges regardless of which day you are working are required to attend this Wednesday night meeting.

At the gate judge meeting, gate judging responsibilities will be reviewed along with specific instructions related to this race. There will not be time to do this on the race mornings, so attendance at this meeting is mandatory.

Lift Pass - Race officials and volunteers will be issued lift pass for that race day at volunteer check-in prior to the race.

Race Volunteer Race Day Check-in – Check-in for officials, gate judges, and other race workers, is in the North Main Lodge, see the Race Day Schedule for your check-in time. Depending on your position, you will be issued a lift pass, and appropriate equipment for your volunteer duty.

Complimentary Lift Pass

At the end of each race day, please promptly return all items (hand timers return your clipboard and stop watch to the timing booth) to the Race HQ. Upon your return of all equipment you will be given a complimentary lift pass.

Hand Timers – Both GS and SL course hand timers must check in at the Timing Booth for your course at 9:45 am to receive instructions and equipment. Timers will proceed directly to their course positions; timers need to be at their positions 15 minutes before Forerunners are to run. See the race schedule below for times.

2023 STATE SOUVENIR CLOTHING





Sweatshirts, T-shirts, Quarter Zips & Hats – All souvenir clothing is professionally screen printed and features the official State Race 2023 logo. Sweatshirt, Quarter zip and “T” sizes are available in S-M-L-XL-XXL. Hats are Trucker style with logo leather patch, one size fits all.

- Hoodie sweatshirt (\$45)
- Quarter zip sweatshirt (\$40)
- Long sleeve “T” (\$30)
- Baseball style hat w/event logo (no pictured) (\$25)
- Cowbell (\$10)
- Sticker package (\$12)

Souvenir clothing items can be ordered by parents when they register their athlete online. Coaches (or parent reps) can also order clothing items when they register their teams online. Pre-ordered items can be picked up Wednesday during the racer social.

We will have a certain quantity of merchandise available for purchase onsite at the racer social and at Hoodoo during the two days of racing. Availability is limited to stock on hand.

Professional Race Photography – Mike Juliana Photography has been the official photographer of the Alpine State Championships for the past 11 years. He will be taking action and candid photos during all events of the Alpine League’s State Championships. Many of you are familiar with Mike’s work from past state races

Get all of your GS, SL, and candid and awards shots from the race for only \$60. Photos will be delivered digitally and you will also get your own personal online gallery so you can share your photos with family and friends. Delivery will be about a week after the end of the race.

Can order online during registration for State or can order on the Mike Juliana website directly: www.mikejulianaphotography.com/Skiracing

MOUNTAIN INFORMATION

Parking at Hoodoo – National Forest Snow Park Permits are NOT required.

There is overnight RV parking available, visit Hoodoo's website for information <https://skihoodoo.com>. Please note that RV parking books up fast, not just for the Championships but general public as well. We recommend you make reservations as soon as possible to ensure a space.

Restrooms – There are restrooms in the lodge.

Food and Beverage Service – There is a restaurant that serves a variety of made-to-order burgers, chili, soup, fries and pre-made options like sandwiches and wraps. There is bottled beverages, fountain drinks, coffee, hot chocolate, ice cream, snacks, etc. The bar area includes mixed drinks, beer, wine, nachos and sliders.

Medical – Downstairs, South Lodge, look for Ski Patrol sign. Ski patrol will be on the hill in the event of an emergency.

Urgent Care available in Sisters (limited hours) about 25 minutes east.

Hospital full service located in Bend approximately 1 hour drive east.

Dogs/Pets – Pets must be leashed and not allowed on snow in skiing areas. Parking areas are fine.

Cell Phones – Cell phone service at Hoodoo is good, Verizon service has been verified as very good.

SCHEDULE OF EVENTS

WEDNESDAY, MARCH 1ST

TIME	ACTIVITY	WHERE	WHO	COMMENTS
8:00a-3:00p	Registration Check-in	Hoodoo North Lodge	Coaches or Team Parent Rep	Turn in Gate Judge Deposit & pick up lift tickets
9:00a-4:30p	Training & Free Skiing	Hoodoo Ski Area	Athletes & Coaches	Training schedule and venues TBD at check-in
5:00p-7:00p	Registration Check-in	Best Western Ponderosa – Sisters	Coaches or Team Parent Rep.	Last Chance for teams to check-in!
5:30p-8:00p	Racer Social	Downtown Sisters Music Park	Racers & Chaperones	All athletes are invited. No Fee event. Racer snack, games and raffles
7:00p-8:00p	Officials Meeting	Best Western Ponderosa - Sisters	All Race Officials	Mandatory Meeting
7:00p-8:00p	Gate Judge Meeting	Sisters High School Room TBD	All Gate Judges for both days	Mandatory Meeting
8:00p-9:00p	Coaches Meeting	Best Western Ponderosa - Sisters	All Coaches	Mandatory Meeting

THURSDAY, MARCH 2ND

7:00p-8:00p	Officials Meeting	Best Western Ponderosa - Sisters	All Race Officials	Mandatory Meeting
8:00p-9:00p	Coaches Meeting	Best Western Ponderosa - Sisters	All Coaches	Mandatory Meeting

FRIDAY, MARCH 3RD

5:00p-6:30p	Awards Presentation	North Lodge Front Patio	All	
-------------	---------------------	-------------------------	-----	--

SCHEDULE OF EVENTS

THURSDAY, MARCH 3RD AND FRIDAY MARCH 4TH, 2022

Race Day Schedule				
Thursday Girls GS & Boys SL - Friday Girls SL & Boys GS				
TIME	ACTIVITY	WHERE	WHO	COMMENTS
7:30 am	Early Load Check-in	North Lodge Main Floor	Course Setters & Officials	Check-in Early Load Only
8:30 am	Early Load Course Setting	Hoodoo Ed's Chair Lift Both Courses	Course Setters & Officials	Instructions at Officials & Coaches Meetings Wednesday Night
8:00 am to 8:30 am	Course Crew Check-in	Hoodoo Main Floor	All Race Course Crew	Pick-up lift passes and maintenance equipment.
8:30 am to 9:00 am	Gate Judge Check-in	Hoodoo Main Floor	Gate Judge	Meet Chief of Gates at 9:15 am in Lodge Load lift as a group
9:00 am	Lifts Open	Hoodoo	All Racers	Bibs must be worn & displayed in racer fashion.
9:15 am	Jury Inspection		Jury	Jury Inspects Courses
9:30 am to 10:15 am	Course Inspection	Both Courses Ed's Chair Lift	All Racers Run 1	Girls GS Thurs (SL Friday) Boys SL Thurs (GS Friday)
9:30 am to 10:00 am	Substitutions Due 1st Run	Timing Hut	Coaches	This includes both GS & SL First Runs
9:45 am	Hand Timers	Timing Hut	Hand Timers	Meet for instructions & pickup equipment
9:45 am	Gate Judge Placement	Both Courses	Gate Judge	All Gate Judges must be in position by 10:10 am
10:10 am	Race Workers in Position	Both Courses	All Officials/ Gate Judges	Mandatory
10:20 am	Forerunners	Both Courses	Forerunners	1st Run
10:30 am to 12:00 pm	1st Run	Both Courses	All Racers	Bibs must be worn & displayed in racer fashion.

12:00 pm To 12:30 pm	Course Reset 2nd Run	Both Courses	Coaches	This includes both GS & SL 2nd Runs
12:15 pm To 1:00 pm	Substitutions Due 2nd Run	Timing Hut	Coaches	This includes both GS & SL 2nd Runs
12:45 pm to 1:30 pm	Course Inspection	Both Courses	All Racers Run 2	Girls GS Thurs (SL Friday) Boys SL Thurs (GS Friday)
1:15 pm	Gate Judge Placement	Both Courses	Gate Judge	All Gate Judges should be in position by 12:30pm
1:15 pm	Race Workers in Position	Both Courses	All Officials/ Gate Judges	Mandatory
1:35 pm	Forerunners	Both Courses	Forerunners	2nd Run
1:45 pm to 3:15 pm	2nd Run	Both Courses	All Racers	Bibs must be worn and displayed in racer fashion.
3:30 pm to 3:45 pm	DQ Posting	Finish Results Boards	Coaches	All protests due within 15 minutes of DQ posting. Protest Filed with the TD
3:45 pm	Jury Meeting if needed	Main Lodge	All Officials/ Gate Judges	Mandatory

Notes

- Per OISRA rules, “racers are to wear their official start number (bib) visible in racing fashion while skiing from the time of distribution to the time of collection, except for starter area.” Racers may keep their bibs following the races on Friday.
- The inspection method will be determined at the coaches meeting or prior to course inspection.
- Alternate Substitutions – notify timing booth before posted time deadlines
- DQ Posting and Protest procedures will be addressed at the coaches meeting

Official Sponsors of the 2023 Alpine Leagues State Ski Championships





