

ALPINE LEAGUE'S STATE SKI CHAMPIONSHIPS

State Event Guide

O R E G O N
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HIGH SCHOOL ALPINE
CHAMPIONSHIPS

Sponsored by



March 6th – 8th, 2024 – Mt. Hood Meadows, Oregon

Hosted by OISRA's Metro League

2024 State Alpine Championships

Welcome to the 2024 Alpine League's State Ski Championships! This year the Championships will be hosted the Metro League. We congratulate you for qualifying for these championships and anticipate that this will inspire, challenge, and ultimately reward you with many fond memories!



Thank you to all the volunteers, parents, sponsors, and coaches who contribute their time, money, and talent to high school alpine racing throughout the season(s). None of this would be possible without you! We hope that you leave this season-ending event with new friends and an unforgettable experience.

Use this Event Guide as your key to the event. It should answer most of your questions, whether you are a coach, race participant or race volunteer. If not, please do not hesitate to phone or email us before the event, or visit us at Race Head Quarters at the time and locations listed in the Event Schedule

Your race host is offering a dedicated website at: www.alpinestaterace.org where you can quickly access important information. This is the best place to receive the most up to date information regarding the State Championships.

Let's all work together to make this a great event!

Jason Hattery

State Race Chair – Metro Ski League
503-475-5015
jason.c.hattery@gmail.com

Cedric Bousquet

Metro Host Coordinator
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Brook Binstock

Registration Administration
alpine_admin@oisran.org

2024 State Championship Race Committee (SCRC)

Jason Hattery – Metro League – State Chair
Erin Levene – OISRA Vice President & Central League Coach
Todd McNabb – OISRA Commissioner
Mike McManus – OISRA Appointed Member

GENERAL INFORMATION

Event Location – Mt. Hood Meadows – Mt. Hood, Oregon www.skihood.com



Event Venues – Both races will be held on Stadium. SL on skiers left and GS on skier's right with the GS start off of Rams Head. (Courses subject to change depending on snow fall.) Parents may access both race course finish areas by walking.

Lift Passes – Great News! For anyone needing lift pass. Beginning February 19th Meadows will offer their Spring Pass for \$199 (\$109 for age 7-14). This is available for online purchase only and is good beginning Tuesday, March 5th. This not only covers the three days for state but you can either arrive early and ski on Tuesday or use it after the race on Saturday and Sunday. This pass is good until the resort closes for the season.

Racer & Team Onsite Check-in –

One location on Wednesday, two times.

- **Wednesday**, March 6th at **Mt. Hood Meadows** from 7:30 am – 12:30 pm Main Lodge 2nd Floor, Freeride Room (Old Snowblasters). See lodge map below.
- **Wednesday** at **Mt. Hood Meadows** during the racer social. Last chance for teams to check-in. Pre-ordered merchandise can be picked up.

Liability Waiver – All athletes, coaches and volunteers must complete an online Mt. Hood Meadows "Liability Release," form located at this link:

<https://www.skihood.com/agreements/race-authorization> NO EXCEPTIONS-MANDATORY

Parents of racers under 18 years of age (only if you have not turned this in prior to state) must also complete the Providence Medical "Consent to Treat" form, which can be found at: [Meadows "Consent to Treat" Link](#) This form should be turned in for all athletes during team/school check-in.

Live Race Results – All races will be broadcast on www.LiveTiming.com for real time race results.

Free Racer Social – Wednesday night racer social at Mt. Hood Meadows, Main Lodge – 3rd Floor, Vertical and North Vertical Rooms. See details below.

Awards Ceremony – Will be held following the race on the Sundeck at Mt. Hood Meadows, details below.

Lodging and Transportation – Race participants must arrange their own lodging and transportation to the venues.

Lodging Recommendations -

Collin's Lake Resort has given us a group discount code for this event: **OISRA2024**
<https://www.collinslakeresort.com>

Mt. Hood Vacation Rentals | Government Camp Lodging

Newly reduced rates - enjoy some of the best lodging for ski camps, weddings, or just to come have fun with all that Government Camp has to offer!

www.collinslakeresort.com

The Huckleberry Inn

<https://www.huckleberry-inn.com>

Government Camp Loop

503-272-3325

Huckleberry Inn is a hotel in Government Camp, including a 24 hour family style restaurant.

Best Western | Mt. Hood Inn

Address: 87450 Government Camp Loop
Government Camp, OR

Phone: (503) 272-3205

Mt. Hood Oregon Resort | Resort at the Mountain | Best Western

Address: Welches, OR (20-25 minutes from Meadows west toward Portland)

<https://www.mthood-resort.com>

COACHES INFORMATION

New for 2024 – Earlier Deadline than past seasons

Team Online Registration (Head Coach) – Teams will register online with the same OISRA website that they used to register for the regular season. Registration will open Tuesday, February 27th at 9 am. The final registration deadline is Thursday, February 29th at 7 pm. No Exceptions.

Coaches Lift Passes - Coaches will need to pre-register at the time of submitting your start orders for complimentary lift passes. These lift passes will be good for Wednesday, Thursday & Friday.

Coach complimentary lift passes are issued on a “per school” basis allocated according to the gender and size of the team. A school that only qualifies one racer is still entitled to assign a coach to follow that individual racer. That coach will be issued a comp pass. A school with one girl racer and one boy racer is entitled to assign a separate coach to follow each racer and each of these coaches will be issued a comp pass.

- Each school with 3 or more racers = 2 comp coach passes.
- Each school with a girl’s team, and a boy’s team of 3 or more racers of each gender = 4 comp coach passes.
- Each school with 1 or 2 girl racers = 1 comp coach pass
- Each school with 1 or 2 boy racers = 1 comp coach pass

Note: Coaches lift passes are for coaches only. If you or your coaches have a season pass please do not request lift passes for others.

Team Registration: Please find the link at the State Race website.

- Registration for teams only, coaches with individuals do not need to register.
- Provide contact information for Head Coach’s and Parent Representative.
- Provide name and contact information for gate judge (one per race, per sex). Note: please make sure the name provided is aware that you have submitted their name and that; they have had prior gate judge experience!
- Option to order clothing memorabilia
- Option to order Awards Dinner meal voucher*

* Participants can purchase \$20 meal vouchers for \$17 during registration. Good for food and beverages at any dining facility in the main lodge as well as Sahale from March 6th – 10th. Note: Sahale open for dining service until 9 pm.

All Registration Deadlines are Thursday, February 29th at 7 pm, NO EXCEPTIONS

For any questions regarding the electronic registration process, please send an email to: alpine_admin@oisran.org

Team Start Orders – Your submission worksheet will be available for download at the state race website and are due by Thursday, February 29th at 7 pm. No Exceptions.

Start Order Worksheet: Please find the link at the State Race website.

- Worksheets will also be mailed to each coach by the race administrator.
- If you need a Google Excel link instead of an excel workbook please contact Mike McManus.
- Upon completion, email the official State Start Order workbook form with your team or individual athlete's order of start and leagues qualifying position.
- Please return this via e-mail to: archerhit@frontier.com
- Deadline is Thursday, February 29th at 7 pm. No Exceptions

Mandatory Coaches' Meetings – All Meetings will be held at the **Collins Lake Community Room (pool room)**

Note: parking is very limited, please park out on the Loop Road or walk from your lodging in Government Camp. Directions: The club house is a straight shot down E Creek Ridge Road from the Collin's lake office. You'll pass buildings A (with the office), B, and C, and the club house is the next building on the right.

- Wednesday: March 6th at 8:00 pm
- Thursday: March 7th at 8:00 pm

Onsite Team Registration Check-in – All teams (and individual qualifiers) must check-in upon arrival. Please, only one representative per school! See schedule times above.

At this time you will:

- ✓ Pick up your coaches lift passes (one representative will pick up if there is more than one lift pass.)
- ✓ Submit your gate judge deposit. (Note: Gate Judge Deposits must be secured with a check made payable to: Metro League Interscholastic Ski Racing)
- ✓ Turn in Meadows Medical Waivers

Note: Start orders & race schedule are available for download www.alpinestaterace.org

Note: The Gate Judges deposit is \$150 per race (SL or GS), per sex. This would be a total of \$600 for a school with both a boys and a girl's team. This check will be destroyed at the conclusion of the Championships Race if duty is fulfilled (unless specified otherwise.)

Note: Bibs will be distributed to the team (or individual racers) coach at the coaches meeting on Wednesday night. Racers will use the same bib number both days. If a racer is only racing one of the two days he/she will receive a bib assignment for that day.

On-Hill Training – Wednesday, March 6th is the registered training day. Training lane assignments are TBD.

Training Notes –

- Teams must provide their own gates.
- A coach or parent representative must be at the top of the course at all times.
- Courses must be pulled and slipped by the time indicated on the schedule.
- Helmets are mandatory for GS & SL training and racing (hard cover over ears and FIS certification required for GS).

Racer Social Chaperone – Each school must provide a chaperone to be onsite and available for the racer social.

ATHLETE INFORMATION

Racer Online Registration – Racers will register online with the same site that they used to register for the regular season. Registration will open Tuesday, February 27th at 9 am. The final registration deadline is Thursday, February 29th at 7 pm. No Exceptions.

Link for Racer Registration: Please see the State Race website.

Athlete registration fees for 2024 will be **\$35**

During the registration process you will also have the opportunity to order some optional items:

- Souvenir clothing (see below)
- Photographer package
- Dinner meal voucher for after the race on Friday *

* Participants can purchase \$20 meal vouchers for \$17 during registration. Good for food and beverages at any dining facility in the main lodge as well as Sahale from March 6th – 10th. Note: Sahale open for dining service until 9 pm.

Lift Passes – Great News! For those needing lift pass. Beginning February 19th Meadows will offer their Spring Pass for \$199 (\$109 for age 7-14). This is available for online purchase only and is good beginning March 5th. This not only covers the three days for state but you can either arrive early and ski on Tuesday or use it after the race on Saturday and Sunday. This pass is good until the resort closes for the season.

If you only need a lift pass for one or two days you can get a racer discount by showing your bib at the outside ticket booth for \$66 per day.

Schedule of Events – Please familiarize yourself with the Schedule of Events located in this Event Handbook.

Racer Notes – Please be courteous and respectful to other athletes, volunteers, coaches, the public, and **Mt. Hood Meadows** employees. Show your appreciation for all their hard work.

Familiarize yourself with the Mt Hood Meadows train map prior to skiing. Remember that all athletes must adhere to the *Skier's Responsibility Code - Are You Aware.*

- Do not leave skis in non-designated areas outside of lodge. Mt. Hood Meadows and the event organizers are not responsible for theft or vandalism of your equipment.
- Lift tickets or passes are required for all lifts at all times (training and racing).
- Helmets meeting FIS Specifications (see Alpine Race Rules, Section 2, Paragraph A., 5., f.) are required for all training and racing.
- NO FAST SKIING IN SLOW AREAS! This will result in loss of lift privileges.
- Bags and equipment must be kept out of walkway and off tables.

Racers Bibs – Bibs will be distributed to the team (or individual racers) coach at the coaches meeting on Wednesday night. Racers will use the same bib number both days. If a racer is only racing one of the two days he/she will receive a bib assignment for that day.

Your racer bib is considered a part of your race gear. Please remember to bring your bib to the race each day.

After the race has concluded you are free to keep your bib as a souvenir of your season's accomplishment!

Wednesday Night Athletes Social – Each race team, and racers who qualified as individuals, are invited and are encouraged to attend a free Wednesday Night Social at Mt. Hood Meadows Resort.

The event will be on the 3rd floor, Main Lodge in the Vertical and Vertical North Rooms. See map above.

The event will begin at 5:30 and last until 8 pm featuring pizza, soda and cookies for the racers, as well as dancing, DJ, and ski movies screening. Also, athletes obtain merchandise orders. Prizes will be given out, 1 free raffle ticket per athlete attendee.

Your pizza is compliments of Sponsor - ***Rebound Orthopedics and Neurosurgery!***

This opening event is certain to be a great time!

- You must be present to win any raffle prizes.
- Participating teams must provide an adult chaperone on the premises at all times. One chaperone per school.
- Zero drug and alcohol tolerance policy. Any infractions of OISRA rules regarding drugs or alcohol will result in disqualification. Do not put your team or yourself at risk.
- Plan to pick up any pre-ordered merchandise.

Friday Night Awards Ceremony – Will stay at Mt. Hood Meadows at the Sun Deck from 5:30 – 8:30 pm.

Participants can purchase \$20 meal vouchers for \$17 during registration. Good for food and beverages at any dining facility in the main lodge as well as Sahale from March 6th – 10th. Note: Sahale open for dining service until 9 pm.

Ski Waxing – There will be no defined ski waxing location or time this season. Please inquire and respect the rules of your lodging location for waxing your skis.

INFORMATION FOR OFFICIALS & VOLUNTEERS

Race Officials Meetings

Wed: March 6th at 7:00 pm, Collins Lake Community Room (pool room)

Thursday: March 7th at 7:00 pm, Collins Lake Community Room (pool room)

Note: parking is very limited, please park out on the Loop Road or walk from your lodging in Government Camp. Directions: The club house is a straight shot down E Creek Ridge Road from the Collin's lake office. You'll pass buildings A (with the office), B, and C, and the club house is the next building on the right.

Mandatory Gate Judge Meeting –

Wednesday: March 6th at 7:00 pm, **Mt. Hood Meadows** Main Lodge – 1st floor (basement) racer room.

All Gate Judges regardless of which day you are working are required to attend this Wednesday night meeting.

At the gate judge meeting, gate judging responsibilities will be reviewed along with specific instructions related to this race. There will not be time to do this on the race mornings, so attendance at this meeting is mandatory.

Lift Pass - Race officials and volunteers will be issued lift pass for that race day at volunteer check-in prior to the race.

Race Volunteer Race Day Check-in – Check-in for officials, forerunners, gate judges, and other race workers, is at Race HQ at **Mt. Hood Meadows**, Main Lodge 2nd Floor, in the **Freeride Room** (Old Snowblasters) See the map above. Depending on your position, you will be issued a lift pass, and appropriate equipment for your volunteer duty.

Complimentary Lift Pass

At the end of each race day, please promptly return all items (hand timers return your clipboard and stop watch to the timing booth) to the Race HQ. Upon your return of all equipment you will be given a complimentary lift pass.

Hand Timers – Both GS and SL course hand timers must check in at the Timing Booth at 9:15 am to receive instructions and equipment. Timers will proceed directly to their course positions; timers need to be at their positions 15 minutes before Forerunners are to run. See the race schedule below for times.

Forerunners – Please pick up your lift pass at the volunteer check-in desk. All forerunners should check-in with the Start Referee 60 minutes before the start of the race. The start referee will have your forerunner bib. Forerunner bibs must be returned each day after you have completed your second run forerun.

2024 STATE SOUVENIR CLOTHING

Sweatshirts, T-shirts, Quarter Zips & Hats – All souvenir clothing is professionally screen printed and features the official State Race 2024 logo. All items are unisex and sizes will be available in S, M, L, XL and XXL sizing. Hats are embroidered and are adjustable, one size fits all.

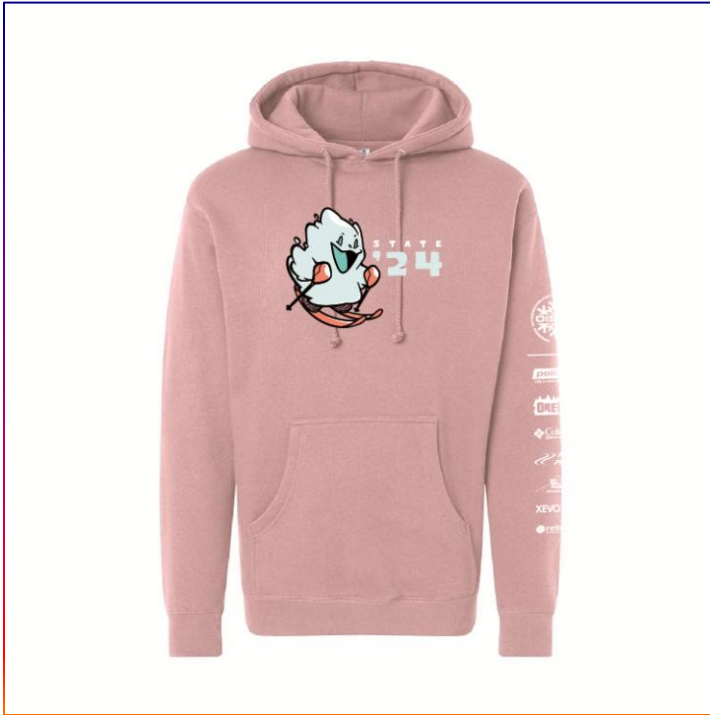
Souvenir clothing items can be ordered by parents when they register their athlete online. Coaches can also order clothing items when they register their teams online or there will be a special link for coaches or assistant coaches or anyone to order merchandise via the ACTIVE registration system.

All merchandise will be available for pickup at the Wednesday night racer social. There will be a very limited quantity of items available on site.



Note: The Logo on merchandise the same as on the first page of this document.





Professional Race Photography



Mike Juliana Photography, the official photographer of the Alpine State Championships for many years, will be capturing all the action of this year's race.

Order your state race photo package during registration and get all of your photos (GS, SL, and candid shots and awards pictures) delivered to you electronically. In addition, you will get your own personal online gallery so you can share with family and friends. Delivery will be approximately one week after the race.

Price: \$50

Can order online during registration for the State Championships or you can order directly on the Mike Juliana website: <https://www.mikejulianaphotography.com/State-Race-Buy>

MOUNTAIN INFORMATION

Parking at Meadows – National Forest “**Snow Park Permits**” are required. They’re available in Govt. Camp at Huckleberry Inn, and at various local gas stations and shops. They’re also for sale at the Meadows concierge desk in the lodge.

There is overnight RV parking available as well. See www.skihood.com

Restrooms at Meadows – There are two main restrooms in the main lodge. One is on the main floor adjacent to the tabled public eating area, and one downstairs across from skier services.

Medical Facility – The Providence Medical Center on-hill is an excellent facility with doctors on staff. Ski patrol will be on the hill in the event of an emergency.

Dogs/Pets – With the exception of authorized avalanche dogs, and service dogs; dogs must be leashed while within the Ski Area boundary and are only allowed in the parking lots and designated pet area. Dogs are not permitted beyond these areas including but not limited to inside the lodges or other facilities, near the bottom of ski lifts/maze areas, on ski lifts and ski runs, or on the decks while food service/dining is in operation.

For guests that bring their dog with them to the mountain, MHM provides a dog park on the north side of the main parking lot. Please stay off trails above this area and always clean up after your dog.

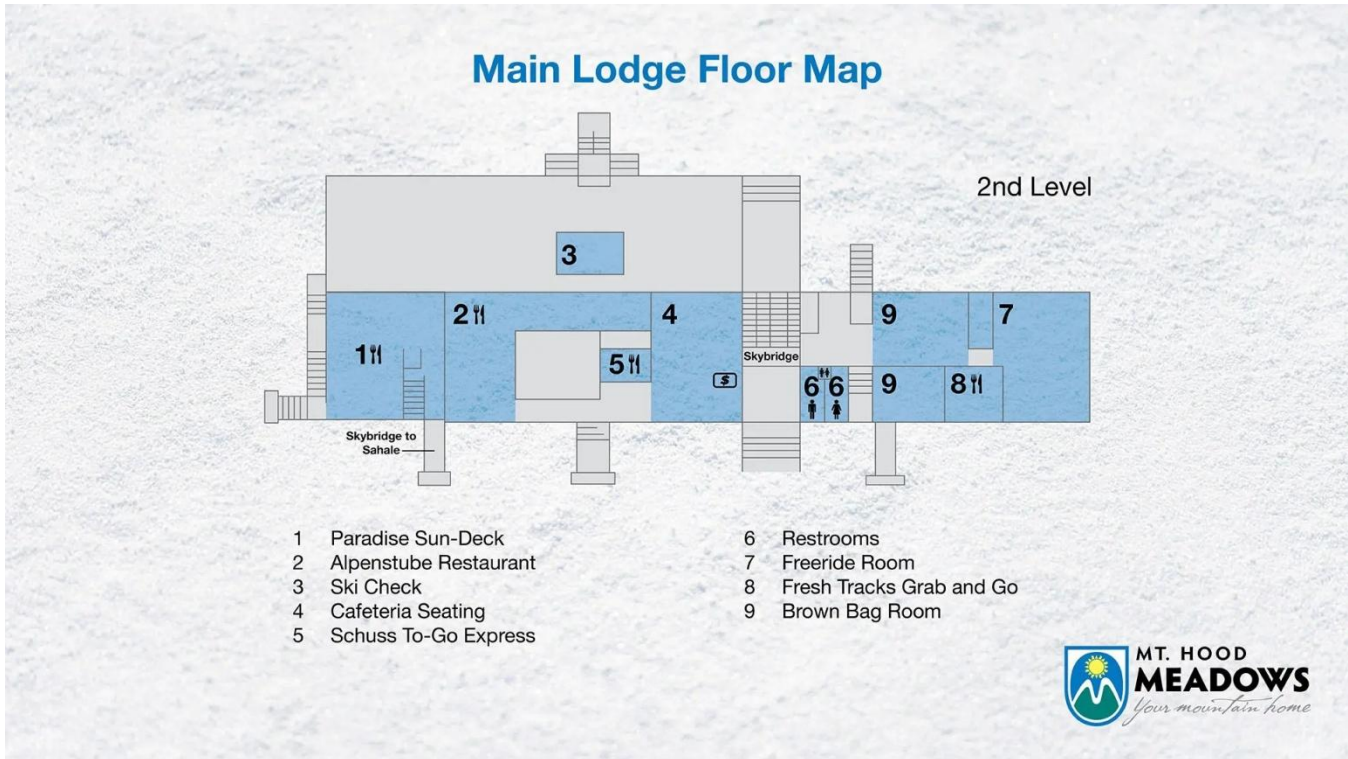
Cell Phones – Cell phone service at Meadows is variable but reliable at the lodge. Verizon service has been verified as very good.

Dining Options for Meal Vouchers –

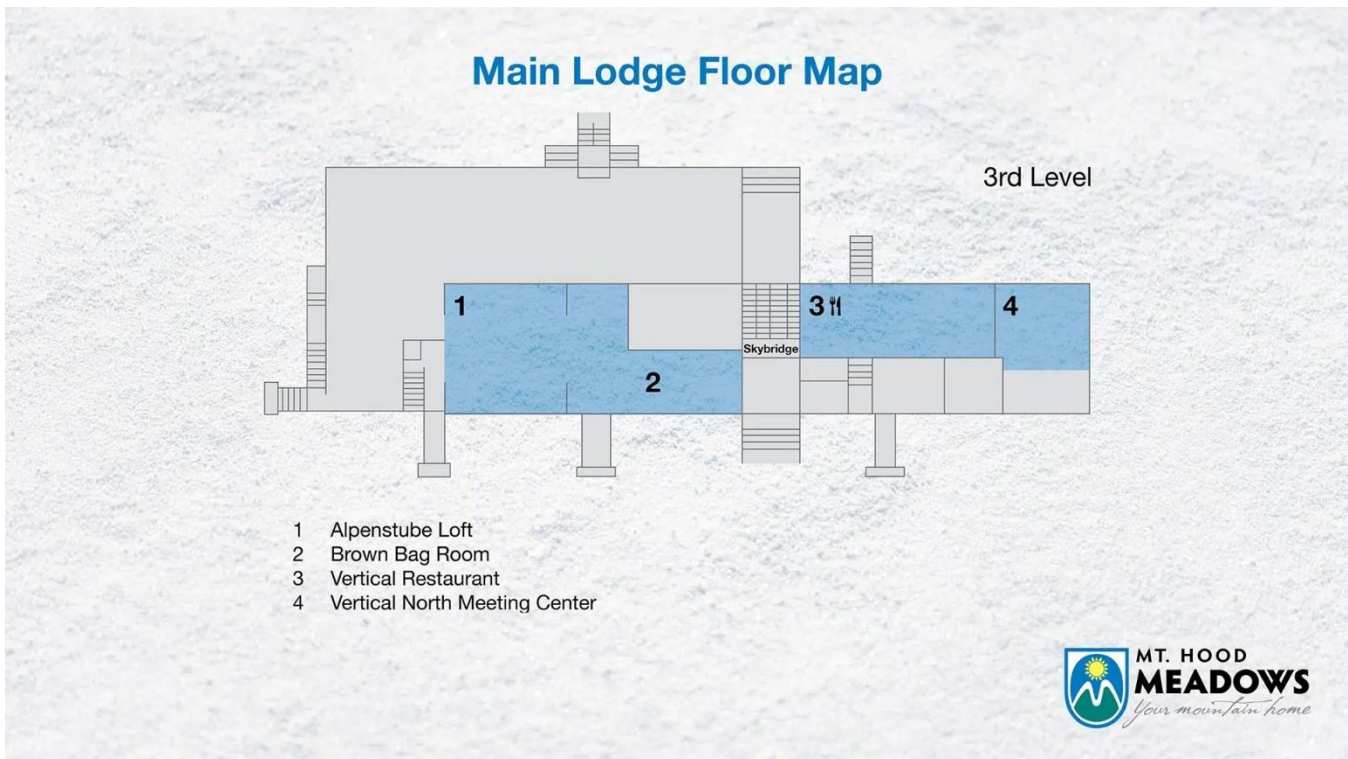
<https://www.skihood.com/explore/restaurants-and-bars>

Note: Meal vouchers may not be used at **On Slop** dining or facilities at **Hood River Meadows** facility.

Main Lodge – 2nd Floor



Main Lodge – 3rd Floor



SCHEDULE OF EVENTS

WEDNESDAY, MARCH 6TH

TIME	ACTIVITY	WHERE	WHO	COMMENTS
7:30a-12:30p	Registration Check-in	Mt. Hood Meadows Freeride Room	Coaches or Team Parent Rep	Turn in Gate Judge Deposit & receive coaches lift passes.
9:00a-4:30p	Training & Free Skiing	Mt. Hood Meadows	Athletes & Coaches	Training schedule and venues TBD at check-in
5:30p-8:00p	Racer Social	Vertical Rooms 3 rd floor Mt. Hood Meadows	Racers & Chaperones	All athletes are invited. No Fee event.
6:00p-8:00p	Registration Check-in	Mt. Hood Meadows Main Lodge	Coaches or Team Parent Rep	Last Chance for school to check- in! Pick up all Pre-Ordered Merchandise
7:00p-8:00p	Officials Meeting	Collin Lake Resort Community Room	All Race Officials	Mandatory Meeting
7:00p-8:00p	Gate Judge Meeting	Mt. Hood Meadows 1st Floor Racer Room	All Gate Judges for both days	Mandatory Meeting
8:00p-9:00p	Coaches Meeting	Collin Lake Resort Community Room	Head Coaches	Mandatory Meeting

THURSDAY, MARCH 7TH

7:00p-8:00p	Officials Meeting	Collin Lake Resort Community Room	All Race Officials	Mandatory Meeting
8:00p-9:00p	Coaches Meeting	Collin Lake Resort Community Room	Head Coaches	Mandatory Meeting

FRIDAY, MARCH 8TH

5:30p-8:30p	Awards Ceremony	Meadows - Sun Deck	All	Congratulations to the Champions!
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SCHEDULE OF EVENTS

THURSDAY, MARCH 7TH AND FRIDAY MARCH 8TH, 2024

2024 State Championships - Race Day Schedule				
Thursday Girls GS & Boys SL - Friday Girls SL & Boys GS				
TIME	ACTIVITY	WHERE	WHO	COMMENTS
7:30 AM	Early Load Check-in	Main Lodge	Course Setters & Officials	Check-in Early Load Only
8:00 AM	Early Load Course Setting	Stadium Chair	Course Setters & Officials	Instructions at Officials & Coaches Meetings Wednesday Night
8 - 8:30 AM	Course Crew Check-in	Main Lodge	All Race Course Crew	Pick-up lift passes and maintenance equipment.
8:30 - 9 AM	Gate Judge Check-in	Main Lodge	Gate Judge	Meet Chief of Gates at 9:15 Load lift as a group
9:00 AM	Lifts Open	Stadium Chair	All Racers	Bibs must be worn
9:00 AM	Jury Inspection	Both Courses	Jury	Jury Inspects Courses
9:15 - 10:00 AM	Course Inspection	Both Courses Stadium Chair Lift	All Racers Run 1	Girls GS Thurs (SL Friday) Boys SL Thurs (GS Friday)
9:30 - 10 AM	Substitutions Due 1st Run	Timing Hut	Coaches	This includes both GS & SL First Runs
9:45 AM	Hand Timers	Timing Hut	Hand Timers	Meet for instructions & pickup equipment
9:45 AM	Gate Judge Placement	Both Courses	Gate Judge	All Gate Judges must be in position by 10:10 am
10:10 AM	Race Workers in Position	Both Courses	All Officials/ Gate Judges	Mandatory
10:20 AM	Forerunners	Both Courses	Forerunners	1st Run
10:30 - 12 PM	1st Run	Both Courses	All Racers	Bibs must be worn & displayed in racer fashion.
12:15 PM	DQ Posting	LiveTiming & Timing Booth	Coaches	All protests due within 15 minutes of DQ Posting. Protest Filed with the TD
12 - 12:30 PM	Course Reset 2nd Run	Both Courses	Coaches	This includes both GS & SL 2nd Runs
12:15 - 1 pm	Substitutions Due 2nd Run	Timing Hut	Coaches	This includes both GS & SL 2nd Runs

12:45 - 1:30 PM	Course Inspection	Both Courses	All Racers Run 2	Girls GS Thurs (SL Friday) Boys SL Thurs (GS Friday)
1:15 PM	Gate Judge Placement	Both Courses	Gate Judge	All Gate Judges should be in position by 12:30pm
1:15 PM	Race Workers in Position	Both Courses	All Officials/ Gate Judges	Mandatory
1:35 PM	Forerunners	Both Courses	Forerunners	2nd Run
1:45 - 3:15 PM	2nd Run	Both Courses	All Racers	Bibs must be worn and displayed in racer fashion.
3:30 PM	DQ Posting	LiveTiming & Timing Booth	Coaches	All protests due within 15 minutes of DQ Posting. Protest Filed with the TD
3:45 PM	Jury Meeting if needed	TBD Coaches Meeting	All Officials/ Gate Judges	Mandatory

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Notes

- Per OISRA rules, “racers are to wear their official start number (bib) visible in racing fashion while skiing from the time of distribution to the time of collection, except for starter area.” Racers may keep their bibs following the races on Friday.
- The inspection method will be determined at the coaches meeting or prior to course inspection.
- Alternate Substitution procedures will be addressed at the coaches meeting
- DQ Posting and Protest procedures will be addressed at the coaches meeting

Official Sponsors of the 2024 Alpine Leagues State Ski Championships



The logo for RACE PLACE features a stylized, black, wavy graphic on the left that resembles a running path or a ribbon. To the right of this graphic, the words "RACE" and "PLACE" are stacked vertically in a bold, italicized, sans-serif font.

**RACE
PLACE**

The logo for rebound ORTHOPEDICS & NEUROSURGERY consists of a circular icon on the left containing a stylized figure of a person in a wheelchair. To the right of the icon, the word "rebound" is written in a bold, lowercase, italicized sans-serif font. Below "rebound", the words "ORTHOPEDICS & NEUROSURGERY" are written in a smaller, uppercase, sans-serif font.

rebound
ORTHOPEDICS & NEUROSURGERY

The logo for XEVO OPTICS features the word "XEVO" in a large, bold, uppercase, sans-serif font. To the right of "XEVO", the word "OPTICS" is written in a smaller, uppercase, sans-serif font. A horizontal line is positioned above the "OPTICS" text, extending from the right side of the "XEVO" text.

XEVO OPTICS